

SUN	MON	TUES	WED	THUR	FRI	SAT																												
2026 JULY THE VILLAGE OF BEDFORD WALK JES I PRIME SENIOR LIVING			1 Hair Stylist Available by App 8:45 a.m. Water Aerobics 10:00 a.m. Fitness Class with Kelly 10:00 a.m. Resident Coucil Meeting 12:30 p.m. Cards: Bridge RL 1:00 p.m. Weekly Shopping Trip:  3:00 p.m. BINGO 4:00 p.m. <i>STARS & STRIPES</i> Patriotic Party with Music by Hip Swaying Harry 5:00 p.m. Rummikub	2 8:45 a.m. & 10:00 a.m. Chair Yoga 12:30 p.m. Euchre (Cards) & Dominoes RL 3:00 p.m. Resident Council Report Meeting (<i>ALL residents encouraged to attend</i>) 5:00 p.m. Dinner Club: 	3 Nail Care Available by Appt 8:15 a.m. Strength & Stretching Class 8:45 a.m. Water Aerobics 9:00 a.m. Coffee, Conversation & Donuts 9:15 a.m. Water Aerobics 10:00 a.m. Tai Chi 12:30 p.m. Cards: Gin Rummy 12:30 p.m. Day Trip: 1776 the Musical at The Lyceum Theatre (Arrow Rock) 5:00 p.m. Poker 	 4 Games on the Go 10:00 a.m. BINGO 1:00 p.m. Rummikub 4:00 p.m. Dice: Left Right Center	5 3:00 p.m. Afternoon Movie: <i>The American President</i>	6 Hair Stylist Available by Appt 8:15 a.m. & 8:45 a.m. Water Aerobics 8:45 a.m. & 10:00 a.m. Chair Yoga 12:30 p.m. Chess & Checkers 12:30 p.m. Hand & Foot RL 3:00 p.m. BINGO 4:00 p.m. Dice: Left Right Center	7 10:00 a.m. Advanced Strength Class 12:30 p.m. Cards: Euchre RL 1:00 p.m. <i>Color Me Calm</i> 2:00 p.m. News & Views Discussion Group 5:00 p.m. Pinochle Club	8 8:45 a.m. Water Aerobics 10:00 a.m. Fitness Class with Kelly 12:30 p.m. Cards: Bridge RL 1:00 p.m. Weekly Shopping Trip:  3:00 p.m. BINGO 4:00 p.m. <i>Wine Tasting</i> 5:00 p.m. Rummikub	9 8:45 a.m. Chair Yoga 10:00 a.m. Chair Yoga 12:30 p.m. Euchre (Cards) & Dominoes RL 4:00 p.m. Women In Water Class 4:45 p.m. Men In Water Class	10 HAPPY BIRTHDAY Beth Kenney & David Hampton! 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