SUN	MON	TUES	WED	THUR	FRI	SAT
1 **HAPPY BIRTHDAY** ***Les Neese!*** **3:00 p.m.** Afternoon Movie: *On Golden Pond*	**2** **HAPPY BIRTHDAY** ***Judith Long!*** *Hair Stylist Available by Appt* **8:15 a.m. & 8:45 a.m.** Water Aerobics **8:45 a.m. & 10:00 a.m.** Chair Yoga **12:30 p.m.** Hand & Foot RL **3:00 p.m.** BINGO **4:00 p.m.** Dice: Left Right Center	**3** **HAPPY BIRTHDAY** ***Connie Austin!*** **10:00 a.m.** Advanced Strength Class **12:30 p.m.** Cards: Euchre RL **5:00 p.m.** Pinochle Club	**4** **8:45 a.m.** Water Aerobics **10:00 a.m.** Fitness Class with Kelly **10:30 a.m.** Resident Council Meeting **12:30 p.m.** Cards: Bridge RL **1:00 p.m.** Weekly Shopping Trip: ALDI **3:00 p.m.** BINGO **4:00 p.m.** Social Hour: POPCORN BAR & TUNES WITH BERNARD **5:00 p.m.** Rummikub	**5** **8:45 a.m.** & **10:00 a.m.** Chair Yoga **12:30 p.m.** Euchre (Cards) & Dominoes RL **3:00 p.m.** Resident Council Report Meeting (All residents encouraged to attend) **5:00 p.m.** Dinner Club: D Rome's	**6** *Dog Grooming by Appointment* **8:15 a.m.** Strength & Stretching Class **8:45 a.m.** Water Aerobics **9:00 a.m.** Coffee Chat & Donuts **9:15 a.m.** Water Aerobics **10:00 a.m.** Tai Chi **12:30 p.m.** Day Trip: Home Goods & Marshalls **12:30 p.m.** Hand & Foot RL	**7** **HAPPY BIRTHDAY** ***Bonnie Kompton!*** Games on the Go **9:00 a.m.** Java & Jive (Weekend Coffee Club) **10:00 a.m.** BINGO **11:00 a.m.** Girl Scout Cookies for Sale **1:00 p.m.** Rummikub **4:00 p.m.** Dice: Left Right Center
8 **3:00 p.m.** Afternoon Movie: *Gulliver's Travels* Daylight Savings SPRING FORWARD	DAY 1 *Lucky You! It's Secret Pal Week!* *Sign up with Concierge* **9** **HAPPY BIRTHDAY** ***Ruth Mills!*** *Hair Stylist Available by Appt* **8:15 a.m. & 8:45 a.m.** Water Aerobics **8:45 a.m. & 10:00 a.m.** Chair Yoga **12:30 p.m.** Hand & Foot RL **3:00 p.m.** BINGO **4:00 p.m.** Dice: Left Right Center	DAY 2 **10** **10:00 a.m.** Advanced Strength Class **10:00 a.m.** Crafts Class: Painting Birdhouses **12:30 p.m.** Cards: Euchre RL **3:00 p.m.** Trivia Tuesday: *Remember When Edition* **4:00 p.m.** BUNCO w/ Prizes **5:00 p.m.** Pinochle Club	DAY 3 **11** **HAPPY BIRTHDAY** ***Sandy Sasser!*** **8:45 a.m.** Water Aerobics **10:00 a.m.** Fitness Class with Kelly **12:30 p.m.** Cards: Bridge RL **1:00 p.m.** Weekly Shopping Trip: Walmart **3:00 p.m.** BINGO **4:00 p.m.** *Wine Tasting* **5:00 p.m.** Rummikub	DAY 4 **12** **HAPPY BIRTHDAY** ***Doris Franke!*** **8:45 a.m.** & **10:00 a.m.** Chair Yoga **12:30 p.m.** Euchre (Cards) & Dominoes RL **4:00 p.m.** Women In Water Class	DAY 5 **13** **HAPPY BIRTHDAY** ***Lynn Yocks & Sue Viola!*** *Nail Care by Appointment* **8:15 a.m.** Strength & Stretching Class **8:45 a.m.** Water Aerobics **9:00 a.m.** Coffee Chat & Donuts **9:15 a.m.** Water Aerobics **10:00 a.m.** Tai Chi **12:30 p.m.** Hand & Foot RL **3:00 p.m.** Boccia Ball Game with CMHH **4:00 p.m.** Live Music: Duo Playing Iconic 60s & 70s Favorites **5:00 p.m.** Game Night: BYOB* **Sign up in mailroom*	**14** Games on the Go **9:00 a.m.** Java & Jive (Weekend Coffee Club) **10:00 a.m.** BINGO **12:30 p.m.** Resident Games **1:00 p.m.** Rummikub **3:00 p.m.** Worship Service **4:00 p.m.** Dice: Left Right Center
15 **3:00 p.m.** Afternoon Movie: *Steel Magnolias* **5:00 p.m.** Oscars Watch Party!	**16** *Hair Stylist Available by Appt* **8:15 a.m. & 8:45 a.m.** Water Aerobics **9:00 a.m.** *Bedford BINGO cards due* **10:00 a.m.** Chair Yoga **12:30 p.m.** Hand & Foot RL **3:00 p.m.** BINGO **4:00 p.m.** Dice: Left Right Center	**17** HAPPY St. Patrick's DAY **10:00 a.m.** Advanced Strength Class **12:30 p.m.** Cards: Euchre RL **3:00 p.m.** St. Paddy's Shamrock Scavenger Hunt! **4:00 p.m.** **GREEN PARTY!** *Green Beer & Irish Tunes with John* **5:00 p.m.** Pinochle Club	**18** **HAPPY BIRTHDAY** ***Sandra Arrens!*** **Deadline to Submit Quilts** **8:45 a.m.** Water Aerobics **10:00 a.m.** Fitness Class with Kelly **12:30 p.m.** Cards: Bridge RL **1:00 p.m.** Weekly Shopping Trip: HyVee **3:00 p.m.** BINGO **5:00 p.m.** Rummikub	**19** **8:45 a.m. & 10:00 a.m.** Chair Yoga **12:30 p.m.** Euchre (Cards) & Dominoes RL **3:00 p.m.** Guest Speaker: *Marching Into Neuropathy* with Mindy (CMHH) **5:00 p.m.** Dinner Club: ANGELO'S	FIRST DAY OF SPRING *Quilts on display all weekend!* **20** **HAPPY BIRTHDAY** ***Marcia Holeman!*** **8:15 a.m.** Strength & Stretching Class **8:45 a.m.** Water Aerobics **9:00 a.m.** Coffee Chat & Donuts **9:15 a.m.** Water Aerobics **9:30 a.m.** Brunch and Plane Watching at The Landing Zone (Jefferson City Airport) **10:00 a.m.** Tai Chi **12:30 p.m.** Hand & Foot RL **3:00 p.m.** Hootenanny with Mr. Larry Brown	**21** NATIONAL QUILTING DAY Games on the Go **9:00 a.m.** Java & Jive (Weekend Coffee Club) **10:00 a.m.** BINGO **1:00 p.m.** Rummikub **4:00 p.m.** Dice: Left Right Center
22 **HAPPY BIRTHDAY** ***Donna Dye!*** **3:00 p.m.** Afternoon Movie: *Conclave*	**23** **HAPPY BIRTHDAY** ***Mildred Hickman!*** *Hair Stylist Available by Appt* **8:15 a.m. & 8:45 a.m.** Water Aerobics **8:45 a.m. & 10:00 a.m.** Chair Yoga **12:30 p.m.** Hand & Foot RL **3:00 p.m.** BINGO **4:00 p.m.** Dice: Left Right Center **4:00 p.m.** Music with Pianist Linda Breedlove	**24** **10:00 a.m.** Advanced Strength Class **10:00 a.m.** Crafts Class: Bunny Decor **12:30 p.m.** Cards: Euchre RL **3:00 p.m.** Trivia Tuesday: *Sports, Spring & Such Edition* **4:00 p.m.** BUNCO w/ Prizes **5:00 p.m.** Pinochle Club	**25** **HAPPY BIRTHDAY** ***Phyllis Tison!*** **8:45 a.m.** Water Aerobics **10:00 a.m.** Fitness Class with Kelly **12:30 p.m.** Cards: Bridge RL **1:00 p.m.** Weekly Shopping Trip: MENARDS **3:00 p.m.** BINGO **4:00 p.m.** Social Hour: HOOPS, HOPS & HOTDOGS!	**26** **8:45 a.m.** Chair Yoga **10:00 a.m.** Chair Yoga **12:30 p.m.** Euchre (Cards) & Dominoes RL **4:00 p.m.** Women In Water Class	**27** **8:15 a.m.** Strength & Stretching Class **8:45 a.m.** Water Aerobics **9:00 a.m.** Coffee Chat & Donuts **9:15 a.m.** Water Aerobics **9:30 a.m.** Day Trip: Lunch & Tour of Steamship Arabia Museum (Kansas City) **10:00 a.m.** Tai Chi **12:30 p.m.** Hand & Foot RL 	**28** Games on the Go **9:00 a.m.** Java & Jive (Weekend Coffee Club) **10:00 a.m.** BINGO **1:00 p.m.** Rummikub **3:00 p.m.** Worship Service **4:00 p.m.** Dice: Left Right Center
29 **HAPPY BIRTHDAY** ***D.J. Brandon & Carol Smith!*** **3:00 p.m.** Afternoon Movie: *Mary Poppins*	**30** *Hair Stylist Available by Appt* **8:15 a.m. & 8:45 a.m.** Water Aerobics **8:45 a.m. & 10:00 a.m.** Chair Yoga **12:30 p.m.** Hand & Foot RL **3:00 p.m.** BINGO **4:00 p.m.** **Book Club** **4:00 p.m.** Dice: Left Right Center	**31** **10:00 a.m.** Advanced Strength Class **12:30 p.m.** Cards: Euchre RL **5:00 p.m.** Pinochle Club	RL = Resident Led Event = Trash Day = Recycle Day			

2026 MARCH

THE VILLAGE OF BEDFORD WALK

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