








THE VILLAGE OF BEDFORD WALK

JES I PRIME SENIOR LIVING

FEBRUARY 2025

1
 9:00 a.m. Brain Games On The Move
 10:00 a.m. BINGO

<p>2 3:00 p.m. Afternoon Movie: <i>Hidden Figures</i></p>	<p>3 Hair Stylist Available by Appt 8:15 a.m. & 8:45 a.m. Water Aerobics 8:45 a.m. & 10:00 a.m. Chair Yoga 12:30 p.m. Hand & Foot RL 3:00 p.m. BINGO RL 4:00 p.m. Dice: Left-Right-Center</p>	<p>4 10:00 a.m. Advanced Strength Class with Kelly 12:30 p.m. Euchre RL 3:00 p.m. Fiber Arts 3:00 p.m. Trivia: All Things February Edition 4:00 p.m. Traveling BUNCO with Prizes 5:00 p.m. Pinochle Club</p>	<p>5 8:45 a.m. Water Aerobics 10:00 a.m. Fitness Class with Kelly 10:30 a.m. Resident Council Meeting 10:30 a.m. Watercolor Workshop (4-week project) 12:30 p.m. Bridge RL 1:00 p.m. Weekly Shopping Trip: UPSCALE RESALE 2:00 p.m. Current Issues Grp 3:00 p.m. BINGO 4:00 p.m. Social Hour: SUBS & SWEETHEARTS Celebrating February Birthdays</p>	<p>6 8:45 a.m. & 10:00 a.m. Chair Yoga 11:00 a.m. Drop In Tech Help 12:30 p.m. Euchre & Dominoes RL 3:00 p.m. Resolution Meeting 4:00 p.m. Dice: Left-Right-Center 5:00 p.m. Dinner Club: LONGHORN STEAKHOUSE</p>	<p>7 8:15 a.m. Strength & Stretching Class 8:45 a.m. Water Aerobics 9:00 a.m. Coffee, Conversation & Donuts 9:15 a.m. Water Aerobics 9:30 a.m. Day Trip (Rescheduled): Brunch at First Watch & Shopping at Midway Antique Mall 10:00 a.m. Tai Chi 12:00 p.m. Guess Who: Sweetheart Pictures Due 12:30 p.m. Hand & Foot RL 3:00 p.m. Sing-A-Long with Linda Breedlove</p>	<p>8 HAPPY BIRTHDAY Delbert Avery! 9:00 a.m. Brain Games On The Move 10:00 a.m. BINGO 3:00 p.m. Worship Service</p>
<p>9 3:00 p.m. Afternoon Movie: <i>The Pursuit of Happyness</i> 5:00 p.m. Super Bowl LIX Party with Resident Pool RL (Snack sign up in the mailroom)</p> 	<p>10 Hair Stylist Available by Appt 8:15 a.m. & 8:45 a.m. Water Aerobics 8:45 a.m. & 10:00 a.m. Chair Yoga 12:30 p.m. Hand & Foot RL 3:00 p.m. BINGO RL 4:00 p.m. Dice: Left-Right-Center</p>	<p>11 HAPPY BIRTHDAY Merv Bettis & Gladys Barclay! 10:00 a.m. Advanced Strength Class with Kelly 10:00 a.m. Craft Class: Valentines Tote Bag 12:30 p.m. Brain Games 12:30 p.m. Euchre RL 3:00 p.m. Fiber Arts 5:00 p.m. Pinochle Club</p>	<p>12 8:45 a.m. Water Aerobics 9:00 a.m. Candy Gram Orders Due 10:00 a.m. Fitness Class with Kelly 10:00 a.m. Manicures by Alyssa (sign up in mailroom) 10:30 a.m. Activity Club 10:30 a.m. Watercolor Workshop (2 of 4) 12:30 p.m. Bridge RL 1:00 p.m. Weekly Shopping Trip: Walmart 3:00 p.m. BINGO 4:00 p.m. Magic Show featuring Josh Farley</p>	<p>13 8:45 a.m. & 10:00 a.m. Chair Yoga 12:30 p.m. Euchre & Dominoes RL 4:00 p.m. Dice: Left-Right-Center 4:00 p.m. Wine Club* *Valentine's Edition!</p>	<p>14 Happy Valentine's Day! Columbia Foot Care Available in Salon 8:15 a.m. Strength & Stretching Class 8:45 a.m. Water Aerobics 9:00 a.m. Coffee, Conversation & Donuts 9:15 a.m. Water Aerobics 10:00 a.m. Tai Chi 12:30 p.m. Day Trip: Dillard's Outlet in Jefferson City & Central Dairy 12:30 p.m. Hand & Foot RL 5:00 p.m. Valentine's Movie Event (with Popcorn & Chocolates): <i>It's Complicated</i></p> 	<p>15 Dog Grooming Available by Appt 9:00 a.m. Brain Games On The Move 10:00 a.m. BINGO</p>
<p>16 3:00 p.m. Afternoon Movie: <i>The Way We Were</i></p>	<p>17 President's Day  Hair Stylist Available by Appt 8:15 a.m. & 8:45 a.m. Water Aerobics 8:45 a.m. & 10:00 a.m. Chair Yoga 12:30 p.m. Hand & Foot RL 3:00 p.m. BINGO RL 4:00 p.m. Dice: Left-Right-Center</p>	<p>18 10:00 a.m. Advanced Strength Class with Kelly 12:30 p.m. Euchre RL 3:00 p.m. Fiber Arts 3:00 p.m. Trivia: Kitchen Sink Edition 4:00 p.m. Traveling BUNCO with Prizes 5:00 p.m. Pinochle Club</p>	<p>19 8:45 a.m. Water Aerobics 10:00 a.m. Fitness Class with Kelly 10:30 a.m. Watercolor Workshop (3 of 4) 12:30 p.m. Bridge RL 1:00 p.m. Weekly Shopping Trip: ALDI 2:00 p.m. Current Issues Grp 3:00 p.m. BINGO 4:00 p.m. Social Hour: Hungarian Goulash & lots of gabbing!</p>	<p>20 8:45 a.m. & 10:00 a.m. Chair Yoga 11:00 a.m. Drop In Tech Help 12:30 p.m. Euchre & Dominoes RL 4:00 p.m. The Playful Piano Duo Harry & Carol</p>	<p>21 8:15 a.m. Strength & Stretching Class 8:45 a.m. Water Aerobics 9:00 a.m. Coffee, Conversation & Donuts 9:15 a.m. Water Aerobics 10:00 a.m. Tai Chi 12:30 p.m. Hand & Foot RL 5:30 p.m. Evening Trip: Capitol City Dinner Theatre - <i>Tootsie</i></p>	<p>22 9:00 a.m. Brain Games On The Move 10:00 a.m. BINGO 3:00 p.m. Worship Service</p>
<p>23 2:00 p.m. Carrie Conklin & Students Piano Performance 3:00 p.m. Afternoon Movie: <i>An Affair To Remember</i></p>	<p>24 Hair Stylist Available by Appt 8:15 a.m. & 8:45 a.m. Water Aerobics 8:45 a.m. & 10:00 a.m. Chair Yoga 12:30 p.m. Hand & Foot RL 3:00 p.m. BINGO RL 3:30 p.m. Audio Interview with the Author 4:00 p.m. Book Club 4:00 p.m. Dice: Left-Right-Center</p> 	<p>25 10:00 a.m. Advanced Strength Class with Kelly 10:00 a.m. Craft Class: Landscape Yarn Art 12:30 p.m. Brain Games 12:30 p.m. Euchre RL 3:00 p.m. BUNCO 3:00 p.m. Fiber Arts 5:00 p.m. Pinochle Club</p>	<p>26 8:45 a.m. Water Aerobics 10:00 a.m. Fitness Class with Kelly 10:30 a.m. Watercolor Workshop (4-week project) 12:30 p.m. Bridge RL 1:00 p.m. Weekly Shopping Trip: Moser's 3:00 p.m. BINGO</p>	<p>27 8:45 a.m. & 10:00 a.m. Chair Yoga 12:30 p.m. Euchre & Dominoes RL 4:00 p.m. Dice: Left-Right-Center 5:00 p.m. Dinner Club: RED LOBSTER</p>	<p>28 8:15 a.m. Strength & Stretching Class 8:45 a.m. Water Aerobics 9:00 a.m. Coffee, Conversation & Donuts 9:15 a.m. Water Aerobics 9:45 a.m. Day Trip: Planetarium & Lunch at Pappo's 10:00 a.m. Tai Chi 12:30 p.m. Hand & Foot RL</p> 	<p>Legend: RL = Resident Led Event  = Trash Day  = Recycle Day</p>