

# OCTOBER 2024

RL = Resident Led Event  
 = Trash Day  
 = Recycle Day

**6**  
**HAPPY BIRTHDAY**  
**Diane Larkin**  
 3:00 p.m. Afternoon Movie: *The Goonies*

**7**  
 Hair Stylist Available by Appt  
 8:15 a.m. & 8:45 a.m. Water Aerobics  
 8:45 a.m. & 10:00 a.m. Chair Yoga  
 12:30 p.m. Hand & Foot **RL**  
 3:00 p.m. BINGO

**8**  
**Candy donations needed for Boys & Girls Club (All month)**  
 9:00 a.m. Resistance Band Training (Video) **RL**  
 10:00 a.m. Crafts Class: Bow Making Techniques 101  
 12:30 p.m. Euchre **RL** & Brain Games  
 1:00 p.m. Shut The Box  
 3:00 p.m. Fiber Arts  
 3:00 p.m. Trivia Tuesday: *The Kitchen Sink Edition*  
 5:00 p.m. Pinochle Club

**9**  
 8:45 a.m. Water Aerobics  
 10:00 a.m. Fitness Class with Kelly P  
 12:30 p.m. Bridge **RL**  
 1:00 p.m. Weekly Shopping Trip:  
  
 2:00 p.m. Current Issues Grp  
 3:00 p.m. BINGO

**10**  
**HAPPY BIRTHDAY**  
**Mandy Manderino**  
 8:45 a.m. & 10:00 a.m. Chair Yoga  
 12:30 p.m. Euchre & Dominoes **RL**  
 2:00 p.m. Guest Speaker: *Genealogy - Beginner & Advanced* with Tim Dollens  
 3:00 p.m. Cribbage  
 5:00 p.m. Dinner Club:

**11**  
 Nail Care Available by Appt  
 8:15 a.m. Strength & Stretching Class  
 8:45 a.m. Water Aerobics  
 9:00 a.m. Coffee & Conversation  
 9:00 a.m. Day Trip: *Wenwood Winery (Bland, MO)*  
 9:15 a.m. Water Aerobics  
 10:00 a.m. Tai Chi  
 12:30 p.m. Hand & Foot **RL**

**12**  
**HAPPY BIRTHDAY**  
**Arlene Libbert**  
 10:00 a.m. BINGO  
 11:00 a.m. Mizzou @ Texas A&M  
 1:00 p.m. Saturday Scrabble & Shut the Box  
 2:00 p.m. Saturday Stroll Club  
 3:00 p.m. Worship Service  
 Time TBD Mizzou @ UMass

**13**  
 3:00 p.m. Afternoon Movie: *Monsters University (animated film)*

**14**  
 Hair Stylist Available by Appt  
 8:15 a.m. & 8:45 a.m. Water Aerobics  
 8:45 a.m. & 10:00 a.m. Chair Yoga  
 12:30 p.m. Hand & Foot **RL**  
 3:00 p.m. BINGO

**15**  
**HAPPY BIRTHDAY James Straub**  
 9:00 a.m. Resistance Band Training (Video) **RL**  
 10:00 a.m. Crafts Class: Embroidery Hoop Pumpkins  
 12:30 p.m. Euchre **RL** & Brain Games  
 1:00 p.m. Shut The Box  
 3:00 p.m. Cider & Sing-A-Long with Linda Breedlove  
 3:00 p.m. Fiber Arts 5:00 p.m. Pinochle Club

**16**  
 8:45 a.m. Water Aerobics  
 10:00 a.m. Fitness Class with Kelly P  
 12:30 p.m. Bridge **RL**  
 1:00 p.m. Weekly Shopping Trip:   
 2:00 p.m. Current Issues Grp  
 3:00 p.m. BINGO  
 6:00 p.m. Roasting Marshmallows: *Smore's in the Courtyard*

**17**  
 Foot Care Available by Appt  
 8:45 a.m. & 10:00 a.m. Chair Yoga  
 12:30 p.m. Euchre & Dominoes **RL**  
 4:00 p.m. **Wine Club**  
 6:15 p.m. Evening Trip: Candlelight Quartet Concert at the Tiger Hotel (Halloween Theme)

**18**  
 8:15 a.m. Strength & Stretching Class  
 8:45 a.m. Water Aerobics  
 9:00 a.m. Coffee & Conversation  
 9:15 a.m. Water Aerobics 10:00 a.m. Tai Chi  
 12:30 p.m. Hand & Foot **RL**  
 1:30 p.m. Bedford Walk Orientation Meeting in the Movie Theatre  
 3:00 p.m. Movie: *Mr. Mom (comedy)* with Popcorn and Soda!

**19**  
 10:00 a.m. BINGO  
 12:30 p.m. Saturday Scrabble & Shut the Box  
 2:00 p.m. Saturday Stroll Club  
 3:00 p.m. Cornhole & Cans (BYOB)  
 Time TBD Homecoming! Mizzou vs. Auburn

**Spirit Week** →  
 MIZZOU HOMECOMING

**DENIM DAY**

**Tacky Tuesday (wear mismatched)**

**HAT DAY**

Throwback Thursday to the 70s

**BLACK & GOLD DAY | M-I-Z!**

**20**  
 3:00 p.m. Afternoon Movie: Mel Brooks's *Young Frankenstein*

**21**  
 Hair Stylist Available by Appt  
 8:15 a.m. & 8:45 a.m. Water Aerobics  
 8:45 a.m. & 10:00 a.m. Chair Yoga  
 12:00 p.m. Fall Foliage Photo Contest **Entries Due**  
 12:30 p.m. Hand & Foot **RL**  
 3:00 p.m. BINGO

**22**  
**HAPPY BIRTHDAY George Hoey & Orin Mock**  
 9:00 a.m. Resistance Band Training (Video) **RL**  
 10:00 a.m. Crafts Class: Fall Craft with Margie  
 12:30 p.m. Euchre **RL** & Brain Games  
 1:00 p.m. Shut The Box  
 2:00 p.m. Vaccine Clinic 3:00 p.m. Fiber Arts  
 4:00 p.m. BUNCO with Prizes  
 5:00 p.m. Pinochle Club

**23**  
**HAPPY BIRTHDAY Paul Sundet**  
 8:45 a.m. Water Aerobics  
 10:00 a.m. Fitness Class with Kelly P  
 12:30 p.m. Bridge **RL**  
 1:00 p.m. Weekly Shopping Trip:  
  
 3:00 p.m. BINGO  
 4:00 p.m. Social Hour:  
 Birthdays & Boos!

**24**  
 8:45 a.m. & 10:00 a.m. Chair Yoga  
 12:30 p.m. Euchre & Dominoes **RL**  
 3:00 p.m. Cribbage  
 5:00 p.m. Dinner Club:

**25**  
 8:15 a.m. Strength & Stretching Class  
 8:45 a.m. Water Aerobics  
 9:00 a.m. Coffee & Conversation  
 9:00 a.m. Day Trip: Hermann Downtown Shopping & Lunch at The Wurst Haus  
 9:15 a.m. Water Aerobics  
 10:00 a.m. Tai Chi  
 12:30 p.m. Hand & Foot **RL**

**26**  
**HAPPY BIRTHDAY Jo Higgins**  
 10:00 a.m. BINGO  
 1:00 p.m. Saturday Scrabble  
 2:00 p.m. Saturday Stroll Club  
 3:00 p.m. Worship Service  
 Time TBD Mizzou @ Alabama

**27**  
**HAPPY BIRTHDAY Terrace Patrick**  
 3:00 p.m. Afternoon Movie: Alfred Hitchcock's *Psycho*

**28**  
**HAPPY BIRTHDAY Alan Woody, Bob Young & Opal Orringerderf**  
 Hair Stylist Available by Appt  
 8:15 a.m. & 8:45 a.m. Water Aerobics  
 8:45 a.m. & 10:00 a.m. Chair Yoga  
 12:30 p.m. Hand & Foot **RL**  
 3:00 p.m. BINGO  
 3:30 p.m. Audio Interview with the Author  
 4:00 p.m. **Book Club**

**29**  
 9:00 a.m. Resistance Band Training (Video) **RL**  
 10:00 a.m. Crafts Class: Boo Bag Tags for the Boys & Girls Club  
 12:30 p.m. Euchre **RL** & Brain Games  
 1:00 p.m. Shut The Box  
 3:00 p.m. Fiber Arts  
 3:00 p.m. Trivia Tuesday: *Halloween Edition*  
 4:00 p.m. Stuffing Boo Bags for Boys & Girls Club (**Volunteers needed**)  
 5:00 p.m. Pinochle Club

**30**  
 8:45 a.m. Water Aerobics  
 10:00 a.m. Fitness Class with Kelly P  
 12:30 p.m. Bridge **RL**  
 1:00 p.m. Weekly Shopping Trip:  
  
 2:00 p.m. Current Issues Grp  
 4:00 p.m. Boo Bag Delivery (**Volunteers needed**)  
 6:00 p.m. Roasting Marshmallows: *Smore's in the Courtyard*

**31**  
**HAPPY BIRTHDAY Jane Thompson & Tom Kenney**  
 8:45 a.m. & 10:00 a.m. Chair Yoga  
 10:00 a.m. Halloween Door Dec & Pumpkin Contest Judging  
 11:00 a.m. Pet Costume Parade & Pictures in Lobby  
 12:30 p.m. Euchre & Dominoes **RL**  
 3:00 p.m. Spooktacula Scavenger Hunt  
 4:00 p.m. Costumes & Karaoke with John! (BYOB)

**THE VILLAGE OF BEDFORD WALK**  
 JES PRIME SENIOR LIVING