

SUN	MON	TUES	WED	THUR	FRI	SAT
<p>RL = Resident Led Event</p> <p> = Trash Day</p> <p> = Recycle Day</p>	<p>1</p> <p>HAPPY New Year 2024</p>	<p>2</p> <p>10:00 a.m. Crafts Class 12:30 p.m. Brain Games: Snow & Tell (Remember When winter memories) 12:30 p.m. Euchre RL 2:00 p.m. Line Dancing Class with CeCe 3:00 p.m. Fiber Arts 3:00 p.m. <i>Trivia Tuesday</i></p>	<p>3</p> <p>8:45 a.m. Zumba Gold Cardio Class 10:00 a.m. Fitness Class with Kelly P 10:30 a.m. Resident Council Meeting 12:30 p.m. Bridge RL 1:00 p.m. Christmas Clean Up Volunteers 1:00 p.m. Weekly Shopping Trip: </p>	<p>4</p> <p>8:45 a.m. Chair Yoga 10:00 a.m. Chair Yoga 12:30 p.m. Euchre & Dominoes RL 3:00 p.m. Resolution Meeting 5:00 p.m. Dinner Club: </p>	<p>5</p> <p><i>Nail Tech Available by Appt</i> 8:45 a.m. Water Aerobics 9:00 a.m. Coffee & Conversation 10:00 a.m. Tai Chi 10:45 a.m. Day Trip: Boonville - Isle of Capri Casino & Lunch at Derailed Cafe 12:30 p.m. Hand & Foot RL</p>	<p>6</p> <p>HAPPY BIRTHDAY Doris Bolten!</p>
<p>7</p> <p>3:00 p.m. Afternoon Movie: <i>Gulliver's Travels</i></p>	<p>8</p> <p><i>Hair Stylist Available by Appt</i> 8:15 a.m. Water Aerobics 8:45 a.m. Water Aerobics 10:00 a.m. Chair Yoga 12:30 p.m. Hand & Foot RL 1:30 p.m. <i>Elvis</i> - Musical Biopic Movie Showing 3:00 p.m. BINGO RL 4:00 p.m. Elvis Sing-A-Long!</p>	<p>9</p> <p>9:30 a.m. Meditation & Relaxation Class 10:00 a.m. Crafts Class 12:30 p.m. Euchre RL 12:30 p.m. Brain Games: Alphabet Challenge 2:00 p.m. Line Dancing Class with CeCe 3:00 p.m. Fiber Arts</p>	<p>10</p> <p>8:45 a.m. Zumba Gold Cardio Class 10:00 a.m. Fitness Class with Kelly P 12:30 p.m. Bridge RL 1:00 p.m. Weekly Shopping Trip: 4:00 p.m. Social Hour: Happy Birthday Hot Chocolate + Cheesecake Bar</p>	<p>11</p> <p>8:45 a.m. Chair Yoga 10:00 a.m. Chair Yoga 12:30 p.m. Euchre & Dominoes RL 3:00 p.m. Charades Resident Challenge</p>	<p>12</p> <p>8:45 a.m. Water Aerobics 9:00 a.m. Coffee & Conversation 9:15 a.m. Day Trip: Planetarium & Lunch at Pappo's 12:30 p.m. Hand & Foot RL</p>	<p>13</p> <p>HAPPY BIRTHDAY Herold Bland! 3:00 p.m. Worship Service</p>
<p>14</p> <p>3:00 p.m. Afternoon Movie: <i>Driving Miss Daisy</i> 3:00 p.m. Hymn Sing in Piano Lounge</p>	<p>15</p> <p><i>Hair Stylist Available by Appt</i> 8:15 a.m. Water Aerobics 8:45 a.m. Chair Yoga 10:00 a.m. Chair Yoga 12:30 p.m. Hand & Foot RL 3:00 p.m. BINGO RL</p>	<p>16</p> <p>10:00 a.m. Crafts Class 12:30 p.m. Euchre RL 12:30 p.m. Brain Games: Memorization Game 2:00 p.m. Line Dancing Class with CeCe 3:00 p.m. <i>Trivia Tuesday</i> 3:00 p.m. Fiber Arts</p>	<p>17</p> <p>8:45 a.m. Zumba Gold Cardio Class 10:00 a.m. Fitness Class with Kelly P 12:00 p.m. <i>Wardrobe Donations Close</i> 12:30 p.m. Bridge RL 1:00 p.m. Weekly Shopping Trip: </p>	<p>18</p> <p>HAPPY BIRTHDAY Jan Bland! 8:45 a.m. Chair Yoga 10:00 a.m. Chair Yoga 12:30 p.m. Euchre & Dominoes RL 4:00 p.m. <i>Wine Club</i> 5:00 p.m. Dinner Club: </p>	<p>19</p> <p>8:45 a.m. Water Aerobics 9:00 a.m. Coffee & Conversation 9:00 a.m. Day Trip: Fulton - Churchill Museum & Lunch at Beck's 10:00 a.m. Tai Chi 12:30 p.m. Hand & Foot RL 3:00 p.m. Harp Performance by Tashianna Merryman</p>	<p>20</p>
<p>21</p> <p>3:00 p.m. Afternoon Movie: <i>Hugo</i></p>	<p>22</p> <p><i>Hair Stylist Available by Appt</i> 8:15 a.m. Water Aerobics 8:45 a.m. Chair Yoga 9:00 a.m. Secret Pal Week 10:00 a.m. Chair Yoga 12:30 p.m. Hand & Foot RL 1:30 p.m. Musical Movie Monday: <i>Grease</i> 3:00 p.m. BINGO RL</p>	<p>23</p> <p>HAPPY BIRTHDAY Ann Frye! 9:30 a.m. Meditation & Relaxation Class 10:00 a.m. Crafts Class 12:30 p.m. Euchre RL 12:30 p.m. Brain Games: Fun with Sudoku (Numbers) 2:00 p.m. Line Dancing Class with CeCe 3:00 p.m. Fiber Arts</p>	<p>24</p> <p>8:45 a.m. Zumba Gold Cardio Class 10:00 a.m. Fitness Class with Kelly P 12:30 p.m. Bridge RL 1:00 p.m. Weekly Shopping Trip: 4:00 p.m. Social Hour: Pizza & Beer plus Folk Tunes from Steve!</p>	<p>25</p> <p><i>Massage Therapist Available by Appt</i> 8:45 a.m. Chair Yoga 10:00 a.m. Chair Yoga 12:30 p.m. Euchre & Dominoes RL 3:00 p.m. <i>Name That Tune</i> Challenge</p>	<p>26</p> <p>8:45 a.m. Water Aerobics 9:00 a.m. Coffee & Conversation 9:00 a.m. Men's Breakfast Out 10:00 a.m. Tai Chi 10:45 a.m. Day Trip: Brunch at First Watch & Shopping at Midway Antique Mall 12:30 p.m. Hand & Foot RL</p>	<p>27</p> <p>3:00 p.m. Worship Service</p>
<p>28</p> <p>3:00 p.m. Afternoon Movie: <i>Blazing Saddles</i></p>	<p>29</p> <p><i>Hair Stylist Available by Appt</i> 8:15 a.m. Water Aerobics 8:45 a.m. Chair Yoga 10:00 a.m. Chair Yoga 12:30 p.m. Hand & Foot RL 1:30 p.m. Musical Movie Monday: <i>Newsies</i> 3:00 p.m. BINGO RL 3:30 p.m. Audio Interview with the Author 4:00 p.m. Book Club</p>	<p>30</p> <p>10:00 a.m. Crafts Class 12:30 p.m. Euchre RL 2:00 p.m. Line Dancing Class with CeCe 3:00 p.m. <i>Trivia Tuesday</i> 3:00 p.m. Fiber Arts 4:00 p.m. BUNCO</p>	<p>31</p> <p>HAPPY BIRTHDAY Paulena Broyles! 8:45 a.m. Zumba Gold Cardio Class 10:00 a.m. Fitness Class with Kelly P 12:30 p.m. Bridge RL 1:00 p.m. Weekly Shopping Trip: 3:00 p.m. All Residents Meeting 4:00 p.m. Canvas On Broadway at Bedford Walk! <i>Gip & Paint</i></p>	<p>2024 JANUARY</p> <p>THE VILLAGE OF BEDFORD WALK</p> <p>JES I PRIME SENIOR LIVING</p>		