



THE VILLAGE OF BEDFORD WALK
 JES | PRIME SENIOR LIVING
December
2023

RL = Resident Led Event
 = Trash Day
 = Recycle Day

1

Nail Care Available by Appt
Wrapping Station Open
8:45 a.m. Water Aerobics
9:00 a.m. Coffee & Conversation with Donuts (Bistro)
9:30 a.m. Day Trip: Nativity Displays plus Lunch and Shopping at Cracker Barrel
10:00 a.m. Tai Chi (Gym)
12:30 p.m. Hand & Foot RL

2

HAPPY BIRTHDAY Sharon Vogel!
10:00 a.m. BINGO
3:00 p.m. Movie: *The Polar Express* (Movie Theatre)

3

1:00 p.m. Open Crafts
3:00 p.m. Movie Showing: *Scrooged* (Movie Theatre)
4:00 p.m. Carrie Conklin - Student Concert (Piano Lounge)

4

Hair Stylist Available by Appt
8:15 a.m. Water Aerobics
8:45 a.m. Chair Yoga
10:00 a.m. Chair Yoga
12:30 p.m. Hand & Foot RL
2:00 p.m. Coloring Class
3:00 p.m. BINGO RL

5

9:30 a.m. Meditation & Relaxation Class (Gym)
10:00 a.m. Crafts Class
12:30 p.m. Euchre RL
2:00 p.m. Trivia Tuesday (Lower Level)
3:00 p.m. Fiber Arts
4:00 p.m. BUNCO (Lower Level)

6

HAPPY BIRTHDAY Joyce Brand!
10:00 a.m. Fitness Class with Kelly P (Gym)
10:30 a.m. Resident Council Meeting
12:30 p.m. Bridge RL
1:00 p.m. Weekly Shopping Trip:
3:00 p.m. BINGO
4:00 p.m. Social Hour: Let It Snow!

7

8:45 a.m. Chair Yoga
10:00 a.m. Chair Yoga
12:30 p.m. Brain Games
12:30 p.m. Euchre & Dominoes RL
3:00 p.m. All Resident Resolution Meeting (Lower Level)
5:00 p.m. Dinner Club: Chris McD's

8

8:45 a.m. Water Aerobics
9:00 a.m. Coffee & Conversation with Donuts (Bistro)
10:00 a.m. Tai Chi (Gym)
12:30 p.m. Hand & Foot RL
4:45 p.m. Evening Trip:

9

10:00 a.m. BINGO
3:00 p.m. Worship Service (Movie Theatre)
4:00 p.m. Movie: *Christmas With The Kranks* (Movie Theatre)

10

1:00 p.m. Open Crafts
2:00 p.m. Hymn Sing (Piano Lounge)
3:00 p.m. Movie Showing: *Christmas Vacation* (Movie Theatre)

11

Hair Stylist Available by Appt
8:15 a.m. Water Aerobics
8:45 a.m. Chair Yoga
10:00 a.m. Chair Yoga
12:30 p.m. Hand & Foot RL
2:00 p.m. Coloring Class
3:00 p.m. BINGO RL

12

9:30 a.m. Movie Marathon: Classic Holiday Favorites (Movie Theatre)
10:00 a.m. Crafts Class
12:30 p.m. Euchre RL
2:00 p.m. Tech Tuesday (Lower Level)
3:00 p.m. Fiber Arts

13

10:00 a.m. Fitness Class with Kelly P (Gym)
10:30 a.m. Activity Club Meeting
12:30 p.m. Bridge RL
1:00 p.m. Weekly Shopping Trip:
3:00 p.m. BINGO

14

HAPPY BIRTHDAY Terril Fisher!
8:45 a.m. Chair Yoga
10:00 a.m. Chair Yoga
12:30 p.m. Brain Games
12:30 p.m. Euchre & Dominoes RL
3:00 p.m. Gentry Jazz Band Performance (Piano Lounge)

15

National Ugly Sweater Day
Wear your ugly sweater!
8:45 a.m. Water Aerobics
9:00 a.m. Coffee & Conversation with Donuts (Bistro)
10:00 a.m. Tai Chi (Gym)
12:30 p.m. Hand & Foot RL
5:30 p.m. *Holiday Lights Tour: Cocoa and Christmas Lights!*

16

10:00 a.m. BINGO
3:00 p.m. Movie: *The Santa Clause* (Movie Theatre)

17

1:00 p.m. Open Crafts
2:00 p.m. Bedford Walk Christmas Program RL
3:00 p.m. Movie Showing: *The Grinch* (Movie Theatre)

18

Hair Stylist Available by Appt
8:15 a.m. Water Aerobics
8:45 a.m. Chair Yoga
10:00 a.m. Chair Yoga
12:30 p.m. Hand & Foot RL
1:30 p.m. Holiday Dance Performance (Lower Level)
2:00 p.m. Coloring Class
3:00 p.m. BINGO RL
4:00 p.m. Writing Club

19

9:30 a.m. Meditation & Relaxation Class (Gym)
10:00 a.m. Crafts Class
12:30 p.m. Euchre RL
2:00 p.m. Trivia Tuesday: *Holiday Edition* (Lower Level)
3:00 p.m. Fiber Arts
4:00 p.m. *Holiday Open House!**
**Sign up in mailroom*

20

10:00 a.m. Fitness Class with Kelly P (Gym)
12:30 p.m. Bridge RL
1:00 p.m. Weekly Shopping Trip:
3:00 p.m. BINGO
4:00 p.m. *Social Party: Christmas Cocktails & Sing-A-Long!* (Lower Level)*
**Wear your holiday favorites!*

21

HAPPY BIRTHDAY Lauri Kapon!
Foot Care in Salon Available by Appt
8:45 a.m. Chair Yoga
10:00 a.m. Chair Yoga
12:30 p.m. Brain Games
12:30 p.m. Euchre & Dominoes RL
4:00 p.m. Wine Club (Bistro)
5:00 p.m. Dinner Club:

22

8:45 a.m. Water Aerobics
9:00 a.m. Coffee & Conversation with Donuts (Bistro)
10:00 a.m. Tai Chi (Gym)
12:30 p.m. Hand & Foot RL
1:00 p.m. Day Trip: Holiday Shop Hop

23

10:00 a.m. BINGO
2:00 p.m. *Sounds of Musicals: Grace and Judy LaRose* (Piano Lounge)
3:00 p.m. Worship Service (Movie Theatre)
4:00 p.m. Movie: *Christmas Elf* (Movie Theatre)

24

3:00 p.m. Movie Showing: *It's A Wonderful Life* (Movie Theatre)
4:00 p.m. Candlelight Service (Piano Lounge)

25

Merry Christmas

26

12:30 p.m. Euchre RL
3:00 p.m. Fiber Arts
4:00 p.m. BUNCO (Lower Level)

27

HAPPY BIRTHDAY Larry Garrett!
10:00 a.m. Fitness Class with Kelly P (Gym)
12:30 p.m. Bridge RL
1:00 p.m. Weekly Shopping Trip:
3:00 p.m. BINGO

28

Massage Therapist Available by Appt
8:45 a.m. Chair Yoga
10:00 a.m. Chair Yoga
12:30 p.m. Brain Games
12:30 p.m. Euchre & Dominoes RL

29

8:45 a.m. Water Aerobics
9:00 a.m. Coffee & Conversation with Donuts (Bistro)
9:00 a.m. Men's Breakfast Outing
10:00 a.m. Tai Chi (Gym)
12:30 p.m. Hand & Foot RL

30

10:00 a.m. BINGO

31

3:00 p.m. Movie Showing: *When Harry Met Sally* (Movie Theatre)
5:00 p.m. *New Year's Eve Party Karaoke and Cocktails!*